

TREATMENT

1. Block Hips – Check groin points for groin pain
2. Do Reflexology on feet – 30 min. (Move the towel w/you)
3. Go Back to Groin and work Sartorius muscle – groin muscle and take out hip blocks
4. 3 fuses – 2 at collar bone – 2 at forehead – 2 at temples
5. (Color Therapy)
6. Vitamin Check
7. Set the lymph duct – right under arm – right palm memory
8. hiatile hernia – memory – chest
9. illeocecal valve – upper right arm – memory
10. Massage colon and sigmoid colon
11. (Touch for health)
12. carpal tunnel – wrist between join bones and rotate the hands one way then the other – then lay arm down and walk the elbow down the arm on the muscle towards the wrist. Turn the arm over apply pressure to the carpel tunnel reflex point in the hand pad and to the point in the wrist then with both thumbs jerk the wrist firmly to set the arm.
13. Acupressure
Down Arms
Down Legs
14. Massage head (Sit on chair)
Cranial (Under neck & shoulders)
Underneath Head-Point of Origin
Side of finger – on Cervicals
Face & Sinuses
Above Eyes and Below on cheek bones
Main TMJ Points
Under the Jaw Points
Above the Upper Lip
Throat / Cervicals on Esophagus
Drain the Eustachian Tubes – Push and Hold
Work the Ears – Massage the Whole Ear
(Ear is shape of the Fetus w/all parts of fetus)
Massage the Collar Bone
Stretch the Neck with Towel
15. Flip onto stomach!
16. Check the hips – set blocks if needed
17. Massage the Shoulders/Neck
18. Stretch the spine against the coccyx
19. Work the scapula, Shoulder blade – With the knee under the shoulder – Massaging the shoulder
20. Push the Skin away from the spine
21. Hoof the thumb down the muscles of each side of the spine
22. Elbows down each of the spine
23. Work the Bladder Meridian points (Sei Tai Jitsu) massage down the legs and knees
24. Bend the knees up and rotate the legs to apply pressure to hip reflex points
25. Massage and apply elbow pressure to the buttocks
26. Align the spine with hammer
27. Elbows up the spine
28. Massage with the massager
29. Reschedule, Take payment, and suggest supplements.